

# Pselect Psalms 2 - Confession

## Intro

Spend a few minutes to see how everyone is doing and how their week has been.

**Say:** Today we're going to continue our look at some Psalms and how we can relate them to our lives...

## Psalm 51

Read the title section of Psalm 51 (while everyone follows along)

**Ask:** What sin did David commit, how did he try to cover it up, and how did Nathan confront him?  
*(Adultery with Bathsheba. He tried to have her husband come back from war and sleep with her. But after he wouldn't, David arranged to have him killed in battle. Nathan told a story of a rich man stealing a man's sheep. When David said the man should be punished, Nathan explained David was that man.)*

**Read and Discuss Psalm 51 as a Group:**

- Read 3 or 4 verses at a time and after each set of verses is read, ask/discuss what the verses are about.
- Be sure these key points are understood as you come to these verses...
  - V. 4 - It doesn't mean he didn't hurt anybody else. But, ultimately, he sinned against God.
  - V. 10 - We can't clean our own hearts. Creating a clean heart is something only God can do.  
*(Kidner 192)*

**Then ask:**

- What kind of attitude did David have about his sin?
- What kind of hope did David have in God?
- How can that relate to us?

*(Help set the tone by appropriately sharing ways you've felt the weight of sin and the need to be forgiven by God - as well as how you have felt God's forgiveness. Help teens explore why sin is so horrible and why our attitude should be sorrow and repentance. Encourage teens to share how they've struggled with sin and how they have - or would like to - experience God's forgiveness. Help them see that our only hope is forgiveness from God through Jesus - because of His death on the cross to save us from our sin - when we realize our need and turn to Him and trust in Him.)*

## Prayer Time

1. Give everyone time to silently confess their sin to God and ask Him to clean their heart.
2. If time, have volunteers share prayer requests and praises and pray together as a group.

### References:

Lyman Coleman, Bible Study Questions for Psalm 51, *Serendipity's Interactive Study Bible* (Littleton, Serendipity House, 2001).  
F Delitzsch, Commentary on Psalm 51, *Commentary on the Old Testament in Ten Volumes by CF Keil and F Delitzsch: Psalms*,  
Translated by Francis Bolton (Grand Rapids: William B Eerdmans, December 1976 printing)  
Derek Kidner, Comments on Ps. 51, *Tyndale O.T. Commentaries: Psalms 1-72*, Gen Ed DJ Wiseman (Intervarsity, July 1978 printing)

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